



Cook Islands Sports & National
Olympic Committee

Annual Report 2018

A report detailing the work of the Cook
Islands Sports & National Olympic
Committee for the Year 2018

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PRESIDENT & SECRETARY GENERAL REPORT

2018 has been a year of change for CISNOC. Significantly, changes in personnel in the organisation have had an impact on how it has performed throughout the year. The first half of the year saw an Acting Secretary General appointed to oversee the day to day operations and begin addressing the remedial strengthening that the organisation required. Since the appointment of a new Secretary General in July, there has been changes in the Sports Development Unit and further organisational strengthening and development. Over the last four months of the year a great deal of work has been put into developing and building relationships with the national and international sporting communities.

Throughout this period of change the organisation has continued to deliver and perform to the high standards that the Cook Islands, Oceania and International Olympic communities expect and deserve.

This year the organisation lost two of its most senior staff in the Secretary General and Sports Manager that together had more than two decades of institutional knowledge. With changes to long standing personnel, such as happened with CISNOC in 2018, a period of learning and development is to be expected. As such the organisation is now developing and establishing its new practices and culture. This does take time and sometimes the simple routine practices are overlooked as they are simply unknown. This will change with time.

The issues and adversity that the organisation has had to overcome in 2018 has however strengthened the Governance practices by the Board and Management.

“Every challenge we successfully overcome will strengthen not only our will, but our confidence, and therefore our ability to confront future challenges” – Hugh Graham.

We have had to reflect on our policies, processes and ways in which we do things. This is continually evolving and is contributing to a stronger, more robust organisation that builds on where it is currently to being a sustainable entity for future years to come.

The current staff at the CISNOC office are managed by Owen Lewis, Secretary General, who is supported by:

-  Sports Manager – Mr John Glassie
-  Administration Officer – Mrs Melanie Wilson
-  Finance Officer – Mrs Teina Taulu (Part time)

Following the Annual General Meeting held on 15th March 2018, the Executive Board consists of:

- | | |
|--|---------------------|
|  President | Hugh Graham |
|  Senior Vice President | Anthony Turua |
|  Treasurer | Unakea Kauvai |
|  Vice President | Ina Marsters |
|  Vice President | Kurai Carfax-Foster |
|  Vice President | George Paniani |
|  Vice President | Damien Beddoes |
|  Vice President | Janet Maki |
|  Athletes Commission Representative | Edith Nicholas |

We are very pleased with the achievements in 2018 that included our very first medal at the Commonwealth Games and with the changes we are making at CISNOC we are equally excited about the future of sport in the Cook Islands.

Hugh Graham
President

Owen Lewis
Secretary General

COMMISSIONS

Women in Sport

Key Activities 2018

- The Women in Sport Committee was a key organiser of Olympic Week in the Cook Islands. The event was coordinated by the key members of the WIS Committee.
- The Committee, through Kurai Foster, is developing a publication that highlights key women that have played a part in the development of Women's sport in the Cook Islands. The publication is being authored by Pacific freelance journalist Lisa Williams-Lahari and will be launched on International Women's Day 2019 (Friday 8 March 2019).
- Ina Masters and Kurai Foster attended the "CONVENTION ON THE ELIMINATION OF ALL FORMS OF DISCRIMINATION AGAINST WOMEN" workshop. The Workshop focussed on: Understanding Sex and Gender, The International Human Rights Framework, The substantive Articles of CEDAW

Athletes Commission

Key Activities 2018

- The Athletes Commission participated in Olympic Week ensuring current Team Cook Islands athletes played a prominent role throughout the week.
- A key development for the Commission this year was the implementation of an athlete survey following the conclusion of the Commonwealth Games. This was the first time such an evaluation process, involving the athletes themselves, had been undertaken. The survey led to several issues being brought to the board for their consideration.

Sports Select Committee

Key Activities 2018

The SSC achieved one of their long term goals in 2018 with the Cook Islands achieving their first medal at a Commonwealth Games. This coupled with the positive feedback received about the work of their Chef de Mission and management team, the outstanding results from Athletes receiving scholarships and national athlete preparation grants has culminated in a successful year. The committee is always looking for improvement and has indicated that the areas for them to work on in 2019 include: development and implementation of team management policies, review of all selection criteria and qualification standards and development of Games accreditation guidelines.

Cook Islands Medical & Antidoping Council

Key Activities 2018

In 2018 CIMADO has focused on three key target areas:

- Collaboration between the Athletes Commission and CIMADO;
- Providing quality Anti-Doping education;
- Finalising their Terms of Reference

This has resulted in improved collaboration with the athlete's commission through:

- a member of the Athletes commission on the CIMADO commission;
- collaboration during Inter Island sports competitions;
- jointly delivering an Anti-Doping Education Awareness Programme for Cook Islands Rugby at the Atiu Hostel prior to the pre-World cup qualifier with Hong Kong.

An improvement in anti-doping education was achieved through:

- attendance at the ORADO PTP/BCO/DCO training in Fiji;
- promoting Anti-Doping messages on Cook Islands sport social media pages;

- 🏆 a cross Pacific education session with Team Tahiti and Team Cook Islands respectively during the Rugby Qualifier last year.

2018 NATIONAL SPORTS AWARDS

The 2018 National Sports Awards Night showcased the performances and achievements of our athletes and officials during the 2017 sporting year. 2017 was a big year for the Cook Islands with athletes attending World Events and tournaments, including the Asian Indoor Games in Turkmenistan and the Pacific Mini-Games in Vanuatu.

The Sports Awards this year were special in that for the first time two international athletes of Cook Islands descent attended as our Guest Speakers. In maintaining our focus on Gender equality, we welcomed Ryan Nicholas, former Japanese Rugby captain and Phillis Metis, the current Women's World Long Drive Champion and World Record Holder. The evening felt like a true celebration of Cook Islands Sport.

A capacity audience was present to celebrate the nominees, winners and Cook Islands sport in general.

As in previous years the awards, were difficult to judge. This job was tasked to a group of past athletes, administrators and officials, who did an outstanding job.

Our winners for this year were:

- 🏆 Manea Games Sportswoman of the Year – Kuramaeva Tare, Athletics
- 🏆 Manea Games Sportsman of the Year – Alberto Arokapiti, Athletics
- 🏆 Pa Enea Sports Association of the Year – Mitiaro Sports Association
- 🏆 Pa Enea Sports Achievement Award – Motu 2 Motu Aitutaki, Vaka
- 🏆 Women in Sports Trophy - 3x3 Women's Basketball, Basketball
- 🏆 Sports Achievement of the Year Award – Women World Cup 2017, Rugby League
- 🏆 Sports Technical Official of the Year – John Pareanga, Football
- 🏆 Sports Administrator of the Year - Mr. Ahkim Tikarua, Badminton
- 🏆 Sports Coach of the Year – Malcolm Kajer, Tennis
- 🏆 Fair Play Award - Rochelle Teiri, Netball
- 🏆 Junior Sportswoman of the Year – Daimzel Rongokea, Netball
- 🏆 Junior Sportsman of the Year – Carlos Taua Heather, Athletics
- 🏆 International Olympic Committee Sports Personality Award – Lee Harmon, Football
- 🏆 Sports Team of the Year - 3x3 Womens Basketball, Basketball
- 🏆 Sportswoman of the Year – Patricia Taea, Athletics
- 🏆 Sportsman of the Year – Brett Baudinet, Tennis
- 🏆 Services to Sport – Teaea Parima, Athletics

PA ENUA COACHING PROGRAMMES

The Sports Manager held Coaching Clinics in three of the Pa Enea in the latter part of the year. The workshops were designed to create an understanding of coaching and how a new coach can prepare, plan and evaluate a coaching plan. At the conclusion of the workshops participants were able to:

- 🏆 deliver a fun and educational training session to school aged participants.
- 🏆 receive and analyse constructive athlete feedback from the sessions.

Aitutaki

Coaching Development workshops were held to introduce new coaches to coaching techniques.

The follow up coaching development workshop progressed the skills learnt at the initial session and further developed planning techniques.

Mangaia

Coaching Development workshops were held to introduce new coaches to coaching techniques.

Atiu

Coaching Development workshops were held to introduce new coaches to coaching techniques.

MANEA GAMES ADMINISTRATION WORKSHOP

CISNOC facilitated a workshop with Atiu Sports Committee in the latter part of the year. Discussions centred around:

- 🕒 Venue planning choosing the appropriate venue suitable for Manea Games
- 🕒 Evaluating Infrastructure for the Manea Games – Water, Transport, amenities etc.
- 🕒 Preparing a budget for the Manea Games - Setting a budget and how to measure the needs of the budget.
- 🕒 Competition format for the Manea Games – Player management and welfare
- 🕒 Preparation for the Manea Games being held in Atiu in 2020.

INTERNATIONAL CONFERENCES / SEMINARS & COURSES ATTENDED IN 2018

CISNOC representatives attended the following workshops in 2018

- 🕒 ONOC General Assembly and Oceania Commonwealth Games Federation Forum, held in June 2018, in Apia, Samoa - in attendance were the President, and Secretary General.
- 🕒 Long Term Athlete Development Workshop in October 2018 in Nadi, Fiji – in attendance Secretary General and Tereora College Officials.
- 🕒 Coach Developer Trainer Course in October 2018 in Christchurch, New Zealand at the Apollo High Performance Centre in attendance Sports Manager, John Glassie
- 🕒 ANOC General Assembly 2018 held in 27th November – 1st December in Tokyo, Japan - in attendance the President and Secretary General, Ms Kurai Foster.
- 🕒 IOC Marketing Seminar held in October 2018 in Madrid Spain – in attendance Executive Board Member Mr. Damien Beddoes

FEDERATION SUPPORT

In this sporting year several Federations have received focussed support to assist them in their sporting development.

Netball

Netball recieved support with hosting and organising the successful Netball Academy Programme in November 2018. CISNOC also supported the Netball in Paradise event.

Basketball

CISNOC facilitated the visit by the New Zealand Tall Ferns National Women's Assistant Coach Aik Ho to the Cook Islands to deliver skills and technical training to coaches, national squad members and schools. CISNOC assisted with the management of accounts for the association which could provide a template for other codes.

Athletics

The Sports Development Unit assisted Athletics Cook Islands to run the National Youth Athletics Championships, and the Round Rarotonga Road Race. It also supported the Federation as it worked through significant management and governance issues. Specifically, the Sports Development assisted with planning, officiating, and organising the events mentioned.

In conjunction with the Federation, Albert Miller from Oceania Athletics was hosted and delivered a Coaching development programme. Six coaches were able to get entry level qualifications.

Rugby Union 7's

In conjunction with Cook Islands Rugby, a healthy lifestyles and active youth programme was developed aimed at school aged children. Specific support was offered to assist with the implementation of the programme after regular workshops had been facilitated to develop the programme.

Support was given to the Federation to assist with the operation of the Sevens in Heaven event held in October.

Support was also given to host, organise and officiate at the Raro Rugby U16's Tournament

Badminton

Students and teachers from Niua School and Nassau School took part in the fifth and final Shuttle Time Teachers Workshop conducted by Cook Islands Badminton (CIBA).

In conjunction with the Cook Islands Badminton Association, the Sports Development Unit completed workshops with students and teachers from Manihiki, Rakahanga, Penrhyn, Pukapuka and Nassau. The Government of the Cook Islands arranged for the participants transportation to Rarotonga to attend the programme. With cooperation from the Ministry of Education and the school's badminton is now part of the school programmes of the islands that participated. Each school received racquets, shuttles, nets, balloons, lesson plans and videos to assist the delivery of the ShuttleTime Programme.

Oe Vaka (Canoeing, Kayak, Paddling)

Vaka Iti is the Junior development programme. Vaka iti, took place over 7 weeks from Feb 19th - 9th April.

5 Schools took part; Te Uki Ou, Tereora, Nukutere, Titkaveka and Imanuela Akatemia. Araura College were not part of the programme this year as they participate every 2 years.

The programme consists of the history of the sport and introduction to the various paddling sports. Introducing water safety, paddling techniques and race strategies. The programme included a regatta with 305 junior participants.

Vaka Eiva is the major international event for Oe Vaka. This year saw 250 competitions for endurance and sprint races.

CISNOC supported Vaka Eiva by supplying necessary equipment, stop watches, water containers, sun protection shades, communication equipment. CISNOC staff officiated during the sprint races helping organizers with judging places and time keeping.

2018 INTERNATIONAL EVENTS – RAROTONGA

- 🏓 **Table Tennis Championships**
2018 ITTF-Oceania Junior Championships 1st – 2nd June,
Rarotonga, Cook Islands



- 🏌️ **Cook Islands Golf Open**
Rarotonga Open 31st May – 2nd June

- 🏏 **Cook Islands Squash Open**
16th -18th November



- 🏃 **Round Rarotonga Road Race**
20th - 26th September



- 🏐 **Netball in Paradise**
28th Nov – 4th Dec – International netball is played over the week period. This year there were 28 international teams, the most teams recorded.



- 🏐 **Netball Academy**
Cook Islands netball academies from Australia involving 60 athletes attended training camps in Rarotonga from 28th November - 6th December

- 🏉 **Raro Rugby 7's**
1st - 3rd November 2018



- 🏉 **Rugby World Cup Qualifiers**
Cook Islands vs Hong Kong

- 🏉 **Vaka Eiva**
23rd - 30th November 2018



GAMES – TEAM COOK ISLANDS

Commonwealth Games 2018 – Gold Coast Sydney

Team Members

Officials

John Paul Wilson – Chef de Mission; Siniva Marsters – Team Sports Manager; Shontel Raea – Team Attaché; Paul Aitu – Physio; Anthony Fairweather – Coach; Keith Roberts – Coach; Papa Geoff – Coach; Horst Miehe - Coach George Paniani - Manager; Romani Katoa – Manager; Unakea Kauvai - Manager

Athletes

Athletics: Patricia Taea, Apii Tapoki, Alex Beddoes

Lawn Bowls: Nooroa Mataio; Tiare Jim; Emily Jim; Jacqueline Pura; Tai Jim Aidan Zittersteijn; Lawrence Paniani; Pita Munokoa; Taiki Paniani

Aquatics: Adoni Wichman-Rairoa; Kirsten Fisher-Marsters; Temaruata Strickland; Wesley Roberts

Weightlifting: Phillipa Woonton; Louisa Peters



The 2018 Commonwealth Games will be always remembered for it being the first time the Cook Islands had ever won a medal at the Commonwealth Games. Our Bowling Pairs team won bronze and became the first ever Cook Islands medalists. There were also some other notable performances on the track and in the weightlifting arena.

Youth Olympic Games, Buenos Aries, Argentina

Team Members

- Athlete: - Bede Aitu – 100m Backstroke and 50m Backstroke
- Manager: - Romani Katoa – President Aquatics Cook Islands
- Chef de Mission: - John Paul Wilson

Sport and result:

- One sport was represented at the Olympic Youth Games - Swimming
- Results: 100m Backstroke - 1.03.49 (previous best time 1.02.46)
50m Backstroke - 28.90 (Personal Best Time)

GAMES – COOK ISLANDS INTERNATIONAL TEAMS

Netball – Black Pearls

Oceania Qualifiers

Black Pearls competed in the World Cup Qualifiers in April in Auckland. The Pearls promoted 7 players from U21 team that competed at the 2017 World Youth Cup. With the new development of younger players feeding into the Pearls the team the team finished a credible 3rd placing. This did not qualify them for the World Cup however through the emergence of their younger players they have set the platform for continued improved and possible future qualification.

Tennis

Brett Baudinet now has his name listed alongside some of the world's greatest tennis players, including world number one Roger Federer.

Baudinet's name was added to the International Tennis Federation (ITF) Honours Board in London. As part of the federation's centenary year in 2013, it launched the Davis Cup Commitment Award to reward those Davis Cup players who have shown long-standing dedication to representing their country.

At the 2017 Davis Cup in Sri Lanka, Baudinet became the first ever player to play 50 Davis Cup ties for Pacific Oceania.

Many juniors participated in the Pacific competitions throughout the year. Very encouraging development happening in Tennis with junior development a major priority in Tennis Cook Islands.

Basketball

The National Mens and Womens Basketball teams competed in the 2019 FIBA Pacific Polynesian Cup in Samoa. The mens team placed fifth. This was an admirable result achieved under difficult circumstances.

The Women's team enjoyed a very successful tournament dominating throughout the competition and finishing first in an undefeated performance which saw them have two Cook Islands players named in the tournament team, two Cook Islanders in the tournament top three scorers list and the MVP from the tournament being from the Cook Islands. Women's Basketball have qualified for the Pacific Games in 2019 in 3x3 Basketball and the full game and look to have a strong chance of taking a medal.

Handball

Two teams recently represented the Cook Islands at the 2018 International Handball Federation Trophy Oceania, held in Noumea, New Caledonia.

Although both teams placed last in their respective divisions, head coach Chris Denny says he is "determined to improve, to ensure we can be as skilled as these other countries next time".

The junior team lost all five of their games, as did the seniors. However, Denny says both teams "earned the respect of the other nations. We never gave in and improved immensely in this tournament."

Rugby Union

Cook Islands men's and women's side competed at the Oceania Rugby Sevens Championships to be held in November in Fiji.

The Women finished a credible fifth with close encounters with all their opponents. The Men's team were placed sixth against extremely strong opposition.

The Cook Islands Men also competed in the HSBC Hong Kong Sevens in 2018. The Hong Kong event saw the Cook Islands play a very close game with Jamaica with a narrow loss. Uruguay and Ireland proved too strong for the newly formed Cook Islands side.

Athletics – GAMES

Athletics

College Athletics

This year saw a new initiative being added to the Athletics Cook Islands calendar. Traditionally the Prince of Wales Athletics was the only Athletics Cook Islands run event. However, this year saw the colleges compete locally which paved the way for the top competitors compete in the national college athletic competition in September. At the National College Championships athletes were identified and selected to compete in the New Zealand Secondary Schools athletics championships in December 2018. The pleasing aspect of the event and selections was the emergence of the Pa Enuu athletes.



Several talented athletes were also selected for the Oceania Polynesian Regional Championships in Tahiti. Results from all these events were particularly pleasing and bodes well for Athletics in the Cook Islands.

Prince of Wales

Traditionally this Primary Schools Athletics Program has been a big part of the school's curriculum. It is the biggest sporting event on the calendar for Rarotongan primary's schools. The event covers major track and field events in which schools spend a whole term preparing for the largest inter-school competition in the Cook Islands. Schools march and parade for the opening ceremony in which teachers, parents and organizers are a part of. CISNOC staff officiated during the event helping with results, finish line and field events. It is a spectacular junior event for the whole island.



MANGAIA ISLAND TRI-SERIES



24th December 2018 – 7th January 2019

The Mangaia Tri-Series is now a permanent fixture on the Mangaia Community calendar.

The concept behind the series is to bring the Mangaia community together in sports and cultural participation.

The communities from Australia, New Zealand and Local based in the Cook Islands come together for a festival of sports and culture.

With 12 various sports on the programme for this year, the sports events were extremely competitive. CISNOC has maintained its support of this event.

OLYMPIC DAY 2018

The Olympic Day week was held from 18th – 22nd June 2018, with the Olympic Day Fun Run held on 21st June 2018.

The week of events was organised by our Athletes Commission and SDU, in partnership with our Women in Sports Commission.



OLYMPIC DAY
PROUDLY PRESENTED BY THE COOK ISLANDS MEDICAL & ANTI-DOPING ORGANISATION, ATHLETES COMMISSION, WOMEN IN SPORT COMMISSION & CISNOC IN PARTNERSHIP WITH THE MINISTRY OF HEALTH

OLYMPIC DAY T-SHIRT SALES \$10.00
 PINK OR FLUORESCENT
BOOTH: ANTI-DOPING ORGANISATION & FREE HEALTH CHECKS, MINISTRY OF HEALTH

MOVE, LEARN, DISCOVER
 When: Thursday 21 June 2018
 Where: Punaanga Kai Markets
 Time: 6:00pm
 Theme: Dress Up Sports Idol

FRESH FRUITS, WATER & ICE PARTICIPATION CERTIFICATE available after the Event.



The SDU ran a quiz competition on the radio with prizes handed out to winners.

The Olympic Day Fun Run was also held in the Outer Islands, concurrently and we hosted a live broadcast where the Outer Islands were able to ring to the radio station and advise the public as to what they organised on their islands. The Ministry of Health provided health checks through their mobile caravan.

We had a good turn out this year, with our Executive Board Members, the different sporting clubs in Rarotonga, schools and business companies, total of 500 plus runners, the biggest we have held in Rarotonga.



Our Women in Sports Commission was responsible for the fruit and water on the day for our participants and the signing of certificates. Whilst at the run, we sold Olympic Day t-shirts.



OLYMPIC SOLIDARITY PROGRAMMES & FUNDING

CISNOC conducted and completed several programmes;

International Olympic Academy 58th International session

In Ancient Olympia, Greece 16th – 30th June

🏅 Participants – Potini Regina Potini and Manine Lynch

National Activity Programme 2018

NAP2018 program funding awarded in two categories:

- 🏅 1st priority to codes targeted for Tokyo2020 and
- 🏅 secondly for National Development Programs.

It was a successful year in terms of performance and meeting targets for most NAP funded athletes and teams. We will be discussing the future funding priorities in the New Year with some athletes being challenged and performance monitored more closely. Once again, the National Activity Programme 2018 was paid directly to athletes and suppliers.

Recipients:

- 🏅 **Aquatics:** Wesley Roberts, Temaruata Strickland, Kirsten Fisher-Marsters
- 🏅 **Athletics:** Alex Beddoes, Tereapii Tapoki, Patricia Taea
- 🏅 **Weightlifting:** Luisa Peters, Phillipa Woonton, Manine Lynch
- 🏅 **Basketball:** Athlete Preparation towards 2020 (Women's Team)
- 🏅 **Canoeing:** Athlete Preparation towards 2020 (Kayak Development); Athletes: Ella Nicholas, Bryden Nicholas
- 🏅 **Golf:** Athlete Preparation towards 2020
- 🏅 **Team Cook Islands:** Team Cook Islands to the Commonwealth Games 2018
- 🏅 **Medical Fees** (Medical Commission)

Olympic Solidarity Scholarships 2018

Olympic Solidarity Athlete Scholarships awarded to:

- 🏅 **Aquatics:** Wesley Roberts, Temaruata Strickland, Kirsten Fisher-Marsters
- 🏅 **Athletics:** Alex Beddoes, Patricia Taea
- 🏅 **Canoeing:** Leon Mussell

Other Grants

- 🏅 SDO Grant from ONOC:
- 🏅 NOC Equipment Grant

- 🏆 DNSS Grant was awarded to Sailing and we look forward to the completion of their programme in early 2019
- 🏆 Team Support Grant awarded to Women's 3x3 Basketball
- 🏆 IOC Administration Subsidy
- 🏆 Cook Islands Government

COOK ISLANDS OLYMPIANS ASSOCIATION



The Olympians Cook Islands movement was established this year and endorsed by the World Olympian Association. They were allocated a start-up grant and also secured a grant from the World Olympian Association to: deliver on the programme "Igniting Olympians as future leaders" with the following outputs:

- 🏆 Creating professional profiles for CISNOC or National Museum, and online digital media profiles
- 🏆 Improving leadership skills of Olympians
- 🏆 Raising profile of Olympians as leaders in sport administration, coaching and education
- 🏆 Developing an annual social networking event for Olympians and all national high-performance athletes to support each other and encourage excellence, discuss issues and challenges
- 🏆 Guest Speakers and short courses like public speaking, governance, etc

COMMUNICATIONS

Social Media

- 🏆 Social Media is essential in promoting current and upcoming events to our athletes and communities. Cook Islands Sports Facebook page was established to help our growing sports network connect and share Cook Islands Sporting achievements and information. It is certainly increasing interest and awareness.

Newsletter

- 🏆 A monthly newsletter has been developed to distribute to not only the sporting codes but to key stakeholders and supporters of Sports in the Cook Islands. The newsletter identifies Cook Islands Athletes and the successes the athletes are achieving in their given field. It highlights upcoming events which gives time for interested parties to be involved.

Website

- 🏆 The Cook Islands Sports website is being created to allow all Federations to have access to a central hub website. Each Federation will have a tab on the website to direct interested viewers to their own specific website and Facebook page. They will also be able to use the central website if they do not have their own website to develop a page for themselves. This enables the smaller codes a means to build their network and release information to the wider community. A database will be imbedded into the website which will enable athletes, parents, coaches and health professionals an opportunity to register to Cook Islands Sports and the Federations directly.

CONCLUSION

Despite the challenges that have confronted CISNOC in 2018, we have experienced another successful year for sport in the Cook Islands. Our support and engagement with the Cook Islands Sports Federations has improved and this is contributing to increased confidence in and engagement with CISNOC.

We would like to thank IOC, ANOC, ONOC, CGF, PGC, Government of the Cook Islands, Member Federations, Island Associations, stakeholders and athletes for their continued support and assistance towards sports in the Cook Islands. We look forward to continued support throughout 2019.

A special thank you and appreciation to all our sporting volunteers (administrators, coaches and managers), our team support personnel, the Team Cook Islands Chef de Mission and all our staff who work tirelessly to maintain, develop and run sport in the Cook Islands.

Meitaki Maata e Kia Manuia.